hatch
Young Parents Creating Community

Scope of Practice

Hatch Doulas work within a set of standards so that clients receive consistent, quality care and so that Hatch as an organization upholds this quality of care in the greater community.

1. ## Hatch doulas are committed and reliable.
   - ★ Show up to client visits prepared and **on-time**.
   - ★ Stay in touch with clients through pregnancy with in-person visits and by phone/email.
   - ★ Be available by phone when you are on-call for your client **24/7** from 37 weeks of pregnancy onward.
   - ★ Arrange secondary doula (back-up) support and communicate about other school/work/ family obligations.

2. ## Hatch doulas provide emotional, informational, and practical support to families through pregnancy, birth, and early parenting.
   - ★ Encourage the use of comfort measures: breathing, relaxation, movement, positioning.
   - ★ Offer information and explanation of events during labor.
   - ★ Continuously support and reassure the birthing parent.
   - ★ Encourage the birthing parent to communicate their needs and desires to care providers.
   - ★ Assist partner and family in supporting the laboring parent.
   - ★ Provide assistance to parents after birth that helps with postpartum and early parenting.

3. ## Hatch Doulas respect the client.
   - ★ **Do not** discourage the client from their choices.
   - ★ Help clients get the information they need to make <u>informed</u> decisions.
   - ★ **Do not** make decisions for or speak for a client.
   - ★ Provide appropriate and respectful services to families of all religions, races, abilities, gender identities, and sexual orientations.

4. ## Hatch Doulas respect their role in the hospital and as non-medical support persons.
   - ★ **Do not** perform any medical tasks such as fetal heart monitoring, vaginal exams, or perineal support.
   - ★ Doulas **DO NOT** deliver babies.
   - ★ Prioritize aiding in an amicable relationship between hospital staff, doula, and family.
   - ★ **Do not** 'prescribe' treatment or 'diagnose' conditions.
   - ★ Always advise a client to check with their primary care provider with any questions or concerns.

Name_____

Signature_____ Date_____